

**=Story Behind the Psalm=
Psalms 114**

NOTE: *These lessons are designed simply as a guideline. As a Sunday School teacher part of your job is to study the lesson and develop it for the pupils in your class according to their age and spiritual development.*

Scripture Reference: Psalm 114

PSALM 114

AUTHOR: Unknown

The Story Behind the Psalm

It was written concerning the journey back from Jerusalem after the feast. The theme of the Psalm is reminiscing about being delivered from Egypt and how God protected His people through the passover, crossing of the Red Sea, pillar of cloud by day and fire by night, the manna from heaven, the water from the rock, etc.

The Way It Was Used by God's People

This Psalm was used when in trial and suffering.

Lesson:

1. Remember how God is so good to us.

When you're going through a hard time, like failing a test or mom and dad just got into a fight and you feel down. Just remember what God has done for you in the past. It's too often that our Christian young people have taken the philosophy of the world and always look at the negative side of things. But instead of thinking of the bad, let's remember the good.

2. Count your blessings.

Here a good song that I love to sing or even just to read.

1st Verse

When He walks among us, all that He does, All of His mercy and all of His love. If the pen of a writer could write every day even this world could never contain just how I've been blessed

/ The warmth in the winter, the flowers in spring, the laughter of summer, and the changing of leaves. Food on my table, a good place to sleep, clothes on my back and shoes on my feet. Oh, I have been blessed.

Chorus

I have been blessed, God's so good to me, precious are His thoughts of you and me. No way I could count them there's not enough time, so I'll just thank Him for being so kind. God has been good, so good. I have been blessed.

2nd Verse

Arms that will raise, a voice that can talk, hands that can touch and legs that can walk. Ears that can listen and eyes that can see, oh, I've got to praise Him as long as I breathe. Cause I have been blessed

/ A Father and mother, nurtured and raised, my sisters and brothers, memories made. Our pastor to lead us, this altar to pray, Stripes that can heal and a Blood that can save. Oh, I have been blessed.

3rd Verse

We live in a country, the greatest on earth, our flag stands for freedom and what it is worth. She stands in the harbor, Ms. Liberty calls, all have gave some, but some gave it all for me to be blessed

/ A shoulde to lean on when I am down, a rock where He leads me when I'm overwhelmed. The place where He hides me under His wings. He's not just a song, He's the reason I sing, Oh, and I have been blessed.

3. Worship God.

Worshipping God is not lifting up your hands and swaying back and forth. Worshipping God is loving God for who he is and not what he's done for you. You worship God by praying a prayer like this.

God, I love you so much, you are such a great and awesome God. You created the heaven and earth with your words, you made nothing into something, and most importantly you made me, ME. Lord, I love you.

Memory Verse: *But our God is in the heavens: he hath done whatsoever he hath pleased.*

Psalm 115:3